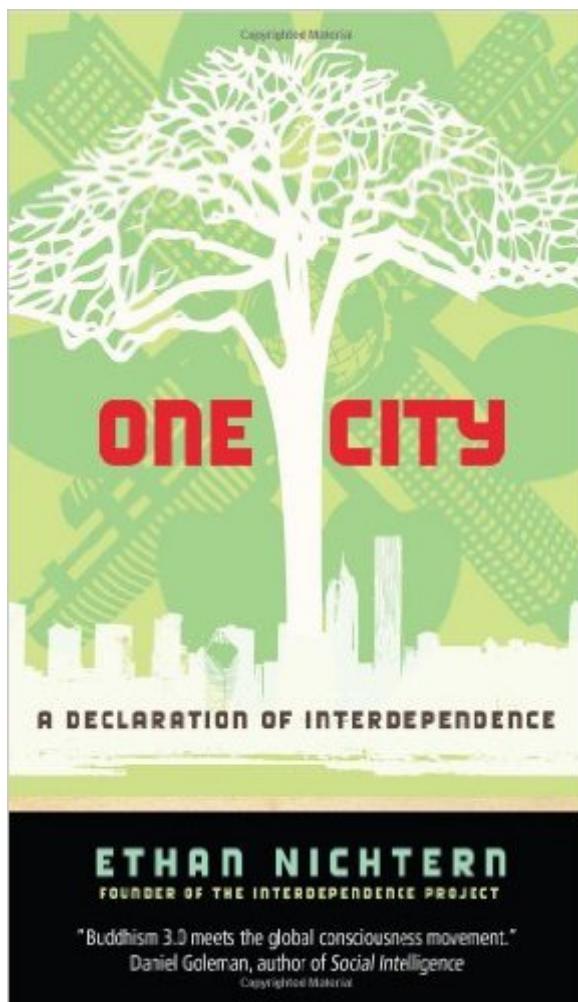


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# One City: A Declaration Of Interdependence



## **Synopsis**

What you wear. What you say. What you think/ignore/buy/don't buy... Welcome to One City-Population: Everyone-where EVERYTHING you do matters. You've lived here your whole life, whether you know it or not. Ethan Nichtern, the charismatic and creative force behind New York's upstart Interdependence Project is your guide to the beauty that is everywhere in the urban jungle-in the rattling of subway trains, the screechings of traffic, the hum and drone of millions scurrying for work, food, sustenance, art, culture, and meaning. There may be no greater setting for exploring the great truth that Dr. Martin Luther King Jr. expounded: "Whatever effects one directly, effects all indirectly." One City melds Dr. King's message with modern Buddhist wisdom to offer a new way of understanding what binds us all together-no matter where we are, no matter who. With its pop-culture savvy, humor, and literary liveliness, One City will speak to--and even, it's fair to say, help define--the spiritually-inclined, conscious Next Generation.

## **Book Information**

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## **Customer Reviews**

I finished this book yesterday and promptly went out and bought several more copies to give to non-Buddhist friends and family. Ethan Nichtern provides a warm, human, accessible perspective on how to live an engaged, connected life. The book is infused with wisdom but never preachy or arrogant. Nichtern simply shares his own experiences and observations, along with ideas from Buddhism and Buddhist teachers, in a way that invites the reader to take whatever resonates and to find his or her own way of applying it. I recommend this book for anyone interested in Buddhism, being socially aware and responsible, or just feeling more grounded and engaged in life and his or

her community. I read it slowly to savor it, was sad when it was over, and know I'll read it many more times.

Nichtern does a great job examining the principle of interdependent existence at length, expertly weaving in illustrative personal anecdotes. He also addresses contemporary cultural, political and economic currents in context. It's a well-written and timely addition to a vital conversation.

One City: A Declaration of Interdependence by Ethan Nichtern is a short but poignant book that discusses the interconnectedness of everyone on the planet - how small, daily choices affect the whole earth in ways we might not even imagine. Nichtern is a young guy who offers a sort of hip, fresh perspective on an increasing problem here in the west. His writing comes from a Buddhist perspective, but is for anyone concerned with social responsibility and personal growth. I highly recommend it!

I know any Buddhism book is good if it makes me think and helps me to feel grounded. One City does both. It provides new perspective on responsible consumerism and the quest for understanding in these times of international turmoil. I look forward to more writing from Ethan in the future.

A great, well-written and accessible book. As someone who appreciates good writing, I have to say that the segues are particularly well done. This accounts for the incredibly fluid and logical flow as the book transitions from one topic to the next. The topics themselves can be abstract and hard to grasp, but Ethan's exploration and explanation of them make it almost effortless to understand. He uses many concrete, modern day issues and examples to illustrate age-old concepts that could easily have been written out in a vague, fortune-cookie style way. It is very easy to relate to the ideas presented in his book. It's a fast read and I highly recommend it!

I read this book from start to finish in two sittings yesterday. It was amazingly well written and flowed much more easily than other spiritual books I've read. It's also incredibly hopeful, and incredibly relevant. I've heard Ethan Nichtern do poetry readings as well. I hope he has a lot more writing in him, because I can't wait to read it. This is a great one to get for friends who are interested in ANY of the following: Meditation, Buddhism, Culture, The Environment, Politics, Life!

Fresh and original commentary on modern Buddhism and interdependence. Not the same old same old. And yet, no newage b.s. No radical straying from core dharma. Just applying the message to things that are new to our world. Best new Dharma I've read in 10 years.

Once I've finished this book, I'll start again, and probably again. It puts Buddhism into this time and place for me. Its no longer an ancient abstract, but something I can understand in today's struggles.

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